

THANK YOU QUOTES

Gratitude is the Mother of Memory



BE GRATEFUL

Charles Nunes



Gratitude is not only the greatest
of virtues, but the parent
of all others.

~Cicero

2

Appreciation can make a
day, even change a life.
Your willingness to put it into
words is all that is necessary.

~Margaret Cousins

3

If you count all your assets, you
always show a profit.

~Robert Quillen

4

Gratitude enables you to take into
your possession every gift that
God has for you.

~Marnie Pehrson



God gave you a gift of 86,400 seconds today. Have you used one to say ‘thank you’?

~William A. Ward



Gratitude makes sense of our past,
brings peace for today and creates
a vision for tomorrow.

~Melodie Beattie



The Pilgrims made seven times
more graves than huts.
Nevertheless, set aside a day
of thanksgiving.

~H. U. Westermayer



Feeling gratitude and not
expressing it is like wrapping a
present and not giving it.

~William Arthur Ward



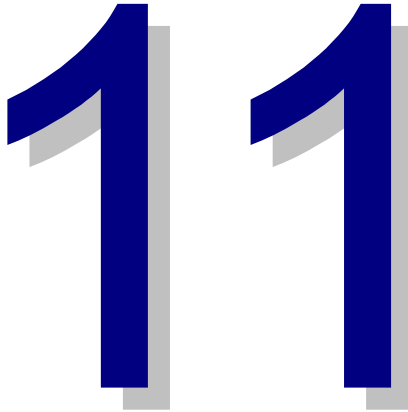
The hardest arithmetic to master is
that which enables us to count our
blessings.

~Eric Hoffer

10

Let us be grateful to people who make us happy; they are the charming gardeners who make our souls blossom.

~Marcel Proust



Gratitude is the memory
of the heart.

~Jean Baptiste Massieu

12

We can only be said to be alive in those moments when our hearts are conscious of our treasures.

~Thornton Wilder

13

Praise the bridge that
carried you over.

~George Colman

14

Let the thankful heart sweep
through the day and, as the
magnet finds the iron, so it will find,
in every hour, some heavenly
blessings! ~*Henry Ward Beecher*

15

The grateful mind is constantly
fixed upon the best and thus
it will receive the best.

~Marnie Pehrson

16

Grow flowers of gratitude
in the soil of prayer.

~Verbena Woods

17

Gratitude is a quality similar to electricity: it must be produced and used up in order to exist at all.

~William Faulkner

18

Who does not thank for little
will not thank for much.

~Estonian Proverb

19

As each day comes to us
refreshed and anew, so does my
gratitude renews itself daily.

~Adabella Radici

20

Don't pray when it rains if you don't
pray when the sun shines.

~Leroy S. Paige

21

Gratitude is born in hearts that
take time to count up past mercies.

~Charles E. Jefferson



Not what we say about our
blessings, but how we use them,
is the true measure of
our thanksgiving.

~W, T. Purkiser

23

He is a wise man who does not grieve for the things which he has not, but rejoices for those which he has.

~*Epictetus*

24

If the only prayer you said in your
whole life was “thank you”,
that would suffice.

~Meister Eckhart

25

Grace isn't a little prayer you
chant before receiving a meal.

~Jackie Windspear

26

Happiness is the spiritual
experience of living every minute
with love, grace and gratitude.

~Denis Waitley

27

Gratitude is the fairest blossom
which springs from the soul.

~Henry Ward Beecher

28

If you want to turn your life
around, try thankfulness.

~Gerald Good

29

There is not a more pleasing
exercise of the mind
than gratitude.

~Joseph Addison

30

Thanks are the highest form
of thought; and gratitude is
happiness doubled by wonder.

~G. K. Chesterton

31

With one eye on today's blessings
you will have more staying
power for the distant.

~Henry B. Eyring

1. THANK YOU QUOTES - PORTUGUESE

1. A gratidão não é apenas a maior das virtudes, mas a mãe de todas as outras. ~Cicero
2. Um agradecimento pode melhorar um dia, ou até mudar uma vida. Basta externá-lo.
~Margaret Cousins
3. Só de contar o que se tem, você já está no lucro.
~Robert Quillen
4. A gratidão te capacita a tomar posse de cada Dom que Deus tem para você. ~Marnie Pehrson
5. Deus te deu 86.400 segundos hoje. Você usou algum deles pra dizer 'obrigado'? ~William A. Ward
6. A gratidão traz sentido ao passado, paz ao presente e cria uma visão para o amanhã.
~Melodie Beattie
7. Os Pioneiros fizeram sete vezes mais covas do que cabanas. Entretanto, estabeleceram um Dia de Ação de Graças. ~H. U. Westermayer
8. Sentir gratidão e não expressá-la é como embrulhar um presente e não entregá-lo.
~William Arthur Ward
9. A aritmética mais difícil de se dominar é a que nos permite contar nossas bênçãos. ~Eric Hoffer

10. Sejam gratos àqueles que nos fazem felizes, são eles os jardineiros que fazem nossa alma florescer. ~Marcel Proust
11. A gratidão é a memória do coração.
~Jean Baptiste Massieu
12. Pode-se dizer que estamos vivos de verdade somente quando nosso coração se dá conta de nossos tesouros. ~Thornton Wilder
13. Valorize a ponte que te possibilitou a travessia.
~George Colman
14. Cultive um coração grato o dia inteiro e, como o ímã acha o metal, você também encontrará, a cada hora, bênçãos celestiais. ~Henry Ward Beecher
15. A mente grata sempre se concentra no melhor, e assim, recebe o melhor. ~Marnie Pehrson
16. Cultive as flores da gratidão no solo da oração.
~Verbena Woods
17. A gratidão é como a eletricidade: somente quando produzida e utilizada, passa a existir.
~William Faulkner
18. Quem não agradece pelo pouco, nunca agradecerá pelo muito. ~Estonian Proverb
19. Como cada dia nasce novo em folha, minha gratidão também se renova a cada dia.
~Adabella Radici

20. Não ore quando chover se você não ora quando o sol brilha. ~Leroy S. Paige
21. A gratidão nasce nos corações que reservam tempo para contar suas bênçãos. ~Charles E. Jefferson
22. A verdadeira medida da gratidão não é o que dizemos, mas sim a maneira como usamos nossas bênçãos. ~W, T. Purkiser
23. Sábio é aquele que não se lamenta pelo que não tem, mas se alegra pelo que tem. ~Epictetus
24. Se a única oração que você já proferiu na vida foi 'obrigado', já é o suficiente. ~Meister Eckhart
25. A gratidão não é uma pequena prece recitada antes das refeições. É uma maneira de viver. ~Jackie Windspear
26. A felicidade é a experiência espiritual de viver cada minuto com amor, justiça e gratidão. ~Denis Waitley
27. A gratidão é o desabrochar mais bonito que aflora da alma. ~Henry Ward Beecher
28. Se quiser dar uma guinada na vida, experimente a gratidão. ~Gerald Good
29. Não existe exercício mental mais prazeroso do que a gratidão. ~Joseph Addison

30. A gratidão é a forma mais elevada de pensamento, é a felicidade multiplicada pela contemplação. ~G. K. Chesterton
31. Com um olho fixo nas bênçãos do presente, teremos mais capacidade de alcançar as metas distantes. ~Henry B. Eyring

2. THANK YOU QUOTES - ENGLISH

1. Gratitude is not only the greatest of virtues, but the parent of all others. ~Cicero
2. Appreciation can make a day, even change a life. Your willingness to put it into words is all that is necessary. ~Margaret Cousins
3. If you count all your assets, you always show a profit. ~Robert Quillen
4. Gratitude enables you to take into your possession every gift that God has for you. ~Marnie Pehrson
5. God gave you a gift of 86,400 seconds today. Have you used one to say 'thank you'? ~William A. Ward
6. Gratitude makes sense of our past, brings peace for today and creates a vision for tomorrow. ~Melodie Beattie
7. The Pilgrims made seven times more graves than huts. Nevertheless, set aside a day of thanksgiving. ~H. U. Westermayer
8. Feeling gratitude and not expressing it is like wrapping a present and not giving it. ~William Arthur Ward
9. The hardest arithmetic to master is that which enables us to count our blessings. ~Eric Hoffer

10. Let us be grateful to people who make us happy; they are the charming gardeners who make our souls blossom. ~Marcel Proust
11. Gratitude is the memory of the heart.
~Jean Baptiste Massieu
12. We can only be said to be alive in those moments when our hearts are conscious of our treasures.
~Thornton Wilder
13. Praise the bridge that carried you over.
~George Colman
14. Let the thankful heart sweep through the day and, as the magnet finds the iron, so it will find, in every hour, some heavenly blessings! ~Henry Ward Beecher
15. The grateful mind is constantly fixed upon the best and thus it will receive the best. ~Marnie Pehrson
16. Grow flowers of gratitude in the soil of prayer.
~Verbena Woods
17. Gratitude is a quality similar to electricity: it must be produced and used up in order to exist at all.
~William Faulkner
18. Who does not thank for little will not thank for much. ~Estonian Proverb
19. As each day comes to us refreshed and anew, so does my gratitude renews itself daily.
~Adabella Radici

20. Don't pray when it rains if you don't pray when the sun shines. ~Leroy S. Paige
21. Gratitude is born in hearts that take time to count up past mercies. ~Charles E. Jefferson
22. Not what we say about our blessings, but how we use them, is the true measure of our thanksgiving. ~W, T. Purkiser
23. He is a wise man who does not grieve for the things which he has not, but rejoices for those which he has. ~Epictetus
24. If the only prayer you said in your whole life was "thank you", that would suffice. ~Meister Eckhart
25. Grace isn't a little prayer you chant before receiving a meal. It's a way to live. ~Jackie Windspear
26. Happiness is the spiritual experience of living every minute with love, grace and gratitude. ~Denis Waitley
27. Gratitude is the fairest blossom which springs from the soul. ~Henry Ward Beecher
28. If you want to turn your life around, try thankfulness. ~Gerald Good
29. There is not a more pleasing exercise of the mind than gratitude. ~Joseph Addison
30. Thanks are the highest form of thought; and gratitude is happiness doubled by wonder. ~G. K. Chesterton

31. With one eye on today's blessings you will have more staying power for the distant goal.

~Henry B. Eyring